

CAPE ABILITY OUTRIGGER OHANA INC.

A Western New York Chapter of Disabled Sports USA
www.adaptivecanoeing.org



Presents...

The 21st Annual Rochester River Challenge



Wounded Warriors: 2016 Team

OUTRIGGER CANOE SPRINT RACES Saturday, September 16, 2017

Genesee Waterways Center
149 Elmwood Ave • Rochester, New York 14611
An Inclusive Community Event and Host of a 2017

WarFighter Sports Event



Cape Ability Outrigger Ohana, Inc.
560 Shore Drive
West Henrietta, NY 14586



Outrigger Canoe Registration

7 person teams – Register early for reduced entry fee!

Youth (ages 10 – 14, any gender combination) _____
Teens (ages 14 – 18) Boys _____ Girls _____
Open Division Men _____ Women _____
Masters (ages 40+) Men _____ Women _____ Mixed _____
John D. Eichner Memorial Golden Masters _____
 (ages 52+, any gender combination)

Corporate Division (all company employees, any gender combination) _____

Unified Division Youth _____ Adult _____

Race Time Preference (not guaranteed): _____ am _____ pm

- Mixed teams must include at least two females
- Medals for all Unified Division paddlers.
- Awards for 1st & 2nd place teams
- Ages is determined on the day of the race.
- Races will be held, rain or shine. In case of lightning or other safety hazards, the race may be postponed or cancelled. **NO REFUNDS.**

Team Name: _____
Captain: _____
Address: _____
City: _____ **State:** _____ **Zip:** _____
Phone: (_____) _____
Team Roster Information for ALL 7 Team Members:
Name: _____
Age: _____ **Gender:** M F
Emergency Contact Name: _____
Phone: (_____) _____

Send team registration and check or money order to:

Cape Ability Outrigger Ohana, Inc.
560 Shore Drive
West Henrietta, N.Y. 14586

Entry Fees:

- \$25 for adult racers (\$175 per team)
- \$15 for youth racers (\$105 per team)
- A parent or guardian's signature is required for everyone legally incapacitated or under 18 the day of the race.
- Print entry and waiver forms from: www.adaptivecanoeing.org.
- Register early and save \$25 - adult teams pay \$150 if registered by September 1, 2017

Aloha!

Cape Ability Outrigger Ohana extends a warm aloha to adults and youth of all abilities and invites you to join our Ohana of paddlers by participating in the largest outrigger canoe sprint race on the east coast of the United States. Team up with family, friends, and business associates for fun on the Genesee River, and celebrate Rochester's history as the birthplace of team outrigger racing for paddlers with disabilities. No experience necessary. We provide the training!

All proceeds benefit CAOO whose mission is:

"To provide the opportunity for individuals with disabilities to gain confidence and dignity through participation in paddle sports, recreation, and related educational programs."

Adult & Youth Outrigger Canoe Teams

- 7 - Person teams race in 30 foot, double-hulled Hawaiian outrigger canoes rigged catamaran-style for safety
- Each team paddles in two 300 meter sprints – the lowest combined time wins!
- Each team will be assigned a specific race time, with a total time commitment of 1.5 hours required



Dansville High School Girls Soccer Team

We Provide

- Steersman/Coach
- Bottled water
- Outrigger canoes
- Life jackets & paddles

Adaptive double-hulled and solo outrigger canoes are available for people with physical disabilities; prior arrangement is necessary for scheduling purposes.

Please contact CAOO.

Schedule

8:45 am . . . Welcome

9:30 am – 12:15 pm . . . Outrigger Canoe Races

Honor Our Heroes

12:15 – 12:45 pm . . . Ceremony

(Music provided by Pittsford Fire Department Band)

1:15 – 3:00 pm . . . Outrigger Canoe Races

Awards presented to Unified Teams at race venue. Other team awards distributed later through team captains.

Directions:

From the West – Take I-490 East to I-390 South. Take I-390 South to Exit 17 (Rt. 383). Turn Left on Scottsville Rd (NY 383). Stay straight to go to Elmwood Ave. Turn right into drive at Genesee Valley Park Complex.

From the South – Take I-390 North to Exit 17 (Rt. 383). Turn Left on Scottsville Rd. and follow directions above.

From the East – Take I-490 West, merge onto I-590 South via exit 21. I-590 becomes I-390 North. Take Rt. 383 North Exit 17. Turn left and follow directions above.



2016 Wounded Warrior Team

Fun for the Whole Family

Food • Live Music Honor Our Heroes

Join us as we honor the Wounded Warrior Outrigger Canoe Team and welcome them into our Ohana.

Participants receive a FREE commemorative Rochester River Challenge gift and a bottle of water!



The Angry Otters